**Praying the Prayer Vigil**

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| *Your prayers for the team and pilgrims are an essential part of each Walk*  *weekend. In fact, the Walk cannot start until all 72 hours are covered in*  *prayer! You may pray from your home, work or where ever you are.*  *Begin by asking God to clear your mind of all outside distractions.*  *Place all of your thoughts and your spirit with the people and the event*  *that you have come to Him to bless.*  *Be silent a few seconds and begin to feel His presence with you. Pray as*  *if you are talking to your best friend . . . you are! Ask Him to bless with*  *His spirit the building, the grounds and all things used to bring those*  *present to an awareness of Him.*  **Pray** for the lay director, if not by name, by duty. He/She must walk in  His Spirit for anything that they may be called upon to solve.  **Pray** for the assistant lay directors in much the same way. |
| **Pray** for the spiritual director that he/she may truly be an instrument of  His Spirit.  **Pray** for the assistant spiritual directors much in the same way.  **Pray** for the Board Representative that he/she may have the courage  to keep the purity of the event and let personalities keep them from doing  what they promised God they will do.  **Pray** for the speakers. Pray that they remember Whom they represent;  lay down self, and glorify God.  **Pray** for the talks ... for the message it is to give, for the giver, and for  each person who hears, that they may hear according to their need.  **Pray** for the musicians, that their music may bring God’s message and  soothe the troubled souls.  **Pray** for the pilgrims, that they be open to miracles and blessings, and for  all the conditions known to God.  **Pray** for the cooks and all the ministers in unrecognized ways.  **Pray** for the fun and fellowship that will warm hearts and keep focused  on God.  **Pray** for the team assistants that they do not tire. Pray for their renewed  strength.  **Pray** for all the agape gifts, for the hands that made them, and the  blessing they bring.  **Pray** for the special times that will forever be a part of the Pilgrim's  Fourth Day life.  *And, lastly, give it all to our Lord and Friend, who sees*  *and knows, asking for His blessing and presence with everyone connected* |
| *-- not only those mentioned, but families, and the change for the church*  and community.  *End by praising and thanking God for the opportunity He has given you to talk  to Him on behalf of His children.*  **AMEN.**  *Adopted from Praying The Prayer Vigil by Eleanor McKinney*  The Emmaus movement does not exist primarily for the weekend Walks. Its purposes  are to **deepen the faith of individuals**, to **increase the faith of congregations**,  and to **bring Christianity to the world**. |

**PRAYER VIGIL GUIDE**

Prayer is such a strong part of the Emmaus experience both for the Pilgrims and the ones praying. With that in mind, I extend the invitation for you to participate in Prayer Vigils assigned to our Community. If you are asked to sign up for a time on an upcoming walk, please give it some thought and try to participate in prayer vigils.

It may be helpful to follow these:

* Only sign up for a time when you can devote the entire 30 minutes to prayer.
* Find a quiet place free from interruption.
* Before you begin, pray for forgiveness and ask for the presence of the Holy Spirit.
* Picture the Walk as you pray.
* If you have a conflict, call some to take your time.
* After you pray, ask God to remind the next person on the Prayer Vigil to pray and ask for

His presence to be with that person.

• Feel free to say no if you are asked to pray during a time that is difficult for you; another opportunity will come.

*(from the Llano Emmaus Community Newsletter)*

**SUGGESTIONS FOR PRAYER**

* Safe travel to and from the Walk
* Good health, open minds and hearts
* Undivided attention, Christ-like team wisdom
* Patience, trust and calm
* Joy and a sense of God’s love
* For the Holy Spirit to meet each Pilgrim’s needs
* For the team to open themselves as God’s channels
* For the guidance of the Holy Spirit in the lives of pilgrims and team
* To realize God’s grace is sufficient for all needs
* May also pray the meditations in front of our purple Walk to Emmaus book.

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For Emmaus/Chrysalis Groups in the Rio Texas Region